

# RENSHI SANJAY PATEL

25/B, Jai Triveni C.H.S. Pvt. Ltd., Shiv Sena Lane, opp. Poddar School, Bhayander (west), Thane 401 101  
Cell no. 9820947773

**Have extensive experience with 19 yrs of Martial Art Training + 2 yrs fitness kickboxing**

## **QUALIFICATION & TRAINING**

Indian Karate 1<sup>st</sup> and 2<sup>nd</sup> Degree Black Belt – 1999, 2002.

All India Karate Federation 1<sup>st</sup> and 2<sup>nd</sup> degree - 2002, 2005.

4<sup>th</sup> Degree Black Belt Jiu-Jitsu International India.

International 3<sup>rd</sup> Degree Black Belt World Kobudo Federation.

5<sup>th</sup> Dan Jiu-Jitsu International 2008.

National Technical Committee Member Jiu-Jitsu International (India).

Personal & Group Trainer for Flexibility Enhancement & Martial Art /Fitness Kick Boxing.

## **COMPETITIONS/ AWARDS**

Year	Event	Level	Medal
1999	Individual shiai	State (I.K.)	Bronze
1998	All round performance trophy	National (I.K.)	Trophy
1998	Team Kata	National (I.K.)	Gold
1998	Individual Weapon	National (I.K.)	Gold
1998	Individual Shiai	National (I.K.)	Gold
1993	Team Kata	M.K.A.	Silver

## **WORK EXPERIENCE**

**Certified Martial Arts Instructor** – in Karate, Jiu-Jitsu and Kobudo.

**Certified Martial Arts Examiner** for state of Maharashtra.

**Kids Martial Arts Instructor** -

Conducted classes and Workshops at **B.P.M. High School, HMPS School, St. Anthony School, Maker Kundan Garden Hsg. Soc., Vaishali Nagar co-op. Hsg. Soc., Pawar International School, Railway Police Personal.**

Conducted a special one day self defence workshop for **Maztek**.

Conducted co-operate Fitness Training camps for **BPCL** Staff at Juhu.

Conducted a special one day self defense workshop for **Cognizant**.

Conducted a two day intense self defence workshop for **Deloitte**.

**Partner Fighting Fit** - a unique brand of complete fitness for both body and mind, designed for total body conditioning and Weight Loss. Classes Held in conjunction with reputed Gyms across Mumbai like **V3, Talwalkar's, Qi, Forever Fit, The Club** etc.

**Self Defense Instructor – week end warrior program** - special short term

(1-2 days) self defense camps specifically for women and also long term programs (1 month to 6 month) for self defense.

Conducted **Martial Art Pre-Training Camp for Western Railway Police Candidates, 1999.**