

RENSHI SANJAY PATEL

25/B, Jai Triveni C.H.S. Pvt. Ltd., Shiv Sena Lane, opp. Poddar School, Bhayander (west), Thane 401 101
Cell no. 9820947773

Have extensive experience with 19 yrs of Martial Art Training + 2 yrs fitness kickboxing

QUALIFICATION & TRAINING

Indian Karate 1st and 2nd Degree Black Belt – 1999, 2002.

All India Karate Federation 1st and 2nd degree - 2002, 2005.

4th Degree Black Belt Jiu-Jitsu International India.

International 3rd Degree Black Belt World Kobudo Federation.

5th Dan Jiu-Jitsu International 2008.

National Technical Committee Member Jiu-Jitsu International (India).

Personal & Group Trainer for Flexibility Enhancement & Martial Art /Fitness Kick Boxing.

COMPETITIONS/ AWARDS

Year	Event	Level	Medal
1999	Individual shiai	State (I.K.)	Bronze
1998	All round performance trophy	National (I.K.)	Trophy
1998	Team Kata	National (I.K.)	Gold
1998	Individual Weapon	National (I.K.)	Gold
1998	Individual Shiai	National (I.K.)	Gold
1993	Team Kata	M.K.A.	Silver

WORK EXPERIENCE

Certified Martial Arts Instructor – in Karate, Jiu-Jitsu and Kobudo.

Certified Martial Arts Examiner for state of Maharashtra.

Kids Martial Arts Instructor -

Conducted classes and Workshops at **B.P.M. High School, HMPS School, St. Anthony School, Maker Kundan Garden Hsg. Soc., Vaishali Nagar co-op. Hsg. Soc., Pawar International School, Railway Police Personal.**

Conducted a special one day self defence workshop for **Maztek**.

Conducted co-operate Fitness Training camps for **BPCL** Staff at Juhu.

Conducted a special one day self defense workshop for **Cognizant**.

Conducted a two day intense self defence workshop for **Deloitte**.

Partner Fighting Fit - a unique brand of complete fitness for both body and mind, designed for total body conditioning and Weight Loss. Classes Held in conjunction with reputed Gyms across Mumbai like **V3, Talwalkar's, Qi, Forever Fit, The Club** etc.

Self Defense Instructor – week end warrior program - special short term

(1-2 days) self defense camps specifically for women and also long term programs (1 month to 6 month) for self defense.

Conducted **Martial Art Pre-Training Camp for Western Railway Police Candidates, 1999.**